

Alpha-Stim M Kit: A Drug-Free Approach to Pain, Anxiety & Insomnia

What Is the Alpha-Stim M Kit?

Alpha-Stim® M is a handheld, **prescription-only** device that combines two proven electrical therapies:

- **Microcurrent Electrical Therapy (MET):** Applies low-level microcurrents directly to pain sites to reduce inflammation and relieve pain.
- **Cranial Electrotherapy Stimulation (CES):** Delivered via earclip electrodes to support mood, reduce anxiety, and improve sleep

What It Supports

Pain relief:

- Clinical studies show **71% average pain reduction** after just five treatments for chronic or acute pain.

Emotional support & sleep:

- CES users report **61% anxiety reduction immediately, 94% after five weeks,** and **about 43 extra minutes of sleep** post-treatment

What's Included in the Kit

The Alpha-Stim M Kit includes:

- 1 set of Earclip Electrodes
- (1) 50 ml bottle of Alpha-Stim Conducting Solution
- 1 empty bottle for use with Alpha-Stim Conducting Solution
- 2 sets of leadwires
- 100 Probe Electrode Pads (PEPS™)
- 4 silver AS-Trode single person multiple use self-adhesive electrodes
- 2 Smart Probes
- 256 Earclip Electrode Pads (EEPS™)
- owner's manual, lanyard, storage case, 2 AA 1.5 volt lithium batteries



Note: A prescription is required for purchase in the U.S.

How It Aligns with Functional Medicine Principles

Alpha-Stim offers a non-drug, low-risk way to support:

- Mitochondrial healing and energy
- Regulation of the nervous system
- Natural pain reduction without opioid dependency
- Improved sleep cycles and emotional balance

Bottom Line

The **Alpha-Stim M Kit** provides a **safe, holistic, and evidence-backed approach** to managing chronic pain, anxiety, and insomnia—without medication. It's an ideal tool for patients seeking functional healing and nervous system support.