

# Austin Air Bedroom Air Purifier

**Because the Air You Breathe While You Sleep Shapes How You Heal**

## What Is the Austin Air Bedroom Air Purifier?

The **Austin Air Bedroom Machine** is a powerful, medical-grade air purification system designed to provide the cleanest possible air while you sleep. Featuring **5 stages of advanced filtration**, including a **True Medical-Grade HEPA filter** and activated carbon, it removes a wide spectrum of airborne contaminants—supporting deeper sleep, respiratory health, and immune resilience.

This purifier is ideal for individuals with **asthma, allergies, chronic illness, mold exposure**, or those seeking to **optimize their detox and healing environment**.

## Why Use an Air Purifier in Your Bedroom?

We spend nearly one-third of our lives sleeping—and that's when your body repairs and restores. But if you're breathing in polluted air during those crucial hours, you're adding stress instead of healing.

Here's what indoor air often contains:

- Dust, dander, and allergens — triggering inflammation and congestion
- Mold spores and mycotoxins — known immune disruptors
- VOCs (Volatile Organic Compounds) — from furniture, paints, cleaning products
- Smoke and cooking fumes — which linger and irritate the lungs
- Bacteria and viruses — that can aggravate respiratory illness

**Did you know?** Indoor air is often 2 to 5 times more polluted than outdoor air.

## Meet the Austin Air Bedroom Machine

This high-performance air purifier was developed in partnership with the **National Sleep Foundation** to provide optimal nighttime air quality. It's trusted by hospitals, allergy specialists, and individuals with complex chronic conditions.

### What It Removes:

- Dust, pollen, pet dander
- Mold spores and airborne mycotoxins
- VOCs and chemical fumes
- Bacteria and viruses
- Smoke, odors, and gases

### What Sets It Apart:

- **5-Stage Filtration:** Including True HEPA, activated carbon, zeolite, and military-grade HEGA filter
- **Covers up to 1500 sq ft** — perfect for bedrooms or large living areas
- **Long filter life:** Up to 5 years with regular use
- **Steel housing & medical-grade components** — no plastic off-gassing
- **Made in the USA** with rigorous safety and filtration standards

### Health Benefits You May Notice:

- ✓ Improved breathing and less nighttime congestion
- ✓ Deeper, more restorative sleep
- ✓ Relief from asthma and allergy symptoms
- ✓ Reduced exposure to mold and VOCs
- ✓ Enhanced detox and immune support overnight

## Why It Matters for Hormones, Detox, and Chronic Illness

- **Hormones:** Many air pollutants (like VOCs and mold toxins) are endocrine disruptors, interfering with thyroid and adrenal function.
- **Detox pathways:** While you sleep, your liver and lymphatic system work to clear toxins. Clean air reduces the burden on these systems.
- **Chronic illness recovery:** Better air quality supports inflammation reduction, immune defense, and mitochondrial repair—especially important in mold illness, Long COVID, and autoimmune disease.

If you're focused on healing, recovery, and longevity—start by upgrading the air you breathe while you sleep.

## Where to Get It

<https://www.zoro.com/austin-air-bedroom-air-purifier-5-stage-filtration-hepa-filter-sandstone-b402a1/i/G715938763/>



Bedroom Air Purifier, 5-Stage Filtration, HEPA Filter, Sandstone