

MoldIQ Participation Guide

Who should participate?

Patients **aged 18 and above** who have tested **positive on the RealTime urine mycotoxin screen** and are undergoing mold toxicity treatment. This helps researchers validate a new mold-illness questionnaire.

Why This Matters

- It's part of a **formally IRB-approved research study**, ensuring scientific oversight and data credibility.
- Once enough data is collected (goal: ~1,500 qualifying submissions), independent researchers will analyze the results to validate the questionnaire and advance clinical mold-toxicity care.
- This is **voluntary**, does not cover test costs, and is intended to drive future scientific understanding—not profit.

Step-by-Step Guide

1. Visit the site

Go to moldIQ.org using a desktop or mobile browser.

2. Watch the Instructional Video

- You'll see a video at the right part of the page.
- Watch this first — it explains the purpose of the study and walks you through the process.

3. Read the Information Provided

- Scroll down to read the study details.
- This section explains **why the questionnaire matters**, how your information will be used, and **what you'll need to prepare** (like lab reports).

4. Click “Start” to Begin

- At the bottom of the page, click the **“Start” button**.
- You’ll be shown an **Informed Consent Form** — read it carefully.
- Fill in the requested information (name, email, etc.) and click **“Consent and Continue”** to begin the questionnaire.

5. Complete the Questionnaire

You’ll be guided through questions about:

- Your **symptoms**
- **Mold exposure history**
- And other health-related info

Note: You will need to **upload lab results** as part of the submission.