

# PureEffect Shower Filter

Because What You Shower In Is Just as Important as What You Drink

## What Is the PureEffect Shower Filter?

The **PureEffect Shower Filter** is a scientifically engineered, multi-stage water filtration system designed to remove harmful contaminants from your shower water. Unlike basic filters that only reduce chlorine, PureEffect targets a broad spectrum of toxins—including chlorine, chloramines, heavy metals, and volatile organic compounds—providing a safer and more nourishing shower experience for your skin, lungs, and overall health.

It's ideal for individuals focused on hormone balance, chronic illness recovery, and reducing daily toxic burden.

## Why Filter Your Shower Water?

When you step into a hot shower, you're not just cleansing your skin — you're potentially exposing your body to dozens of chemicals through steam and skin absorption.

**Inhalation of steam** opens up your lungs and sinuses.

**Hot water opens pores**, allowing chemicals to enter your bloodstream.

**Daily exposure adds up**, especially for those with chronic illness or sensitive skin.

Even if you're filtering your drinking water, unfiltered shower water may still expose you to:

- **Chlorine and chloramine** – known to disrupt thyroid and respiratory health
- **Volatile Organic Compounds (VOCs)** – chemical byproducts from water treatment
- **Heavy metals** – such as lead and mercury, which strain the liver and brain
- **Pesticide residues** – absorbed through the skin
- **Endocrine disruptors** – which interfere with hormonal balance

**Did you know?** Inhaling steam from a 10-minute hot shower can expose you to more chlorine than drinking 2 liters of unfiltered tap water.

## Meet the PureEffect Shower Filter

PureEffect's advanced filtration system is one of the few options designed with **functional medicine principles** in mind. It doesn't just soften your water—it targets the root problem: chemical toxicity.

### What It Removes:

- Chlorine
- Chloramine
- Volatile Organic Compounds (VOCs)
- Heavy metals (lead, mercury, cadmium, etc.)
- Pesticides and herbicides
- Pharmaceutical residues
- Bacteria-supporting sediments

### What Sets It Apart:

- **Multi-stage filtration** using a combination of advanced media (not just carbon)
- **No plastic cartridge waste** — sustainable and refillable
- **Lab-tested effectiveness** with transparent third-party results
- **Easy DIY installation** — attaches to any standard shower arm
- **Long-lasting cartridge** — approx. 6–12 months depending on use

### Health Benefits You May Notice:

- ✓ Softer, more hydrated skin
- ✓ Relief from itchy or irritated skin
- ✓ Shinier, healthier hair
- ✓ Reduced respiratory irritation (especially helpful for asthma or allergies)
- ✓ Lower toxic load — supporting your liver, hormones, and immune system

## Why It Matters for Hormones, Detox, and Chronic Illness

- **Hormones:** Chlorine and VOCs are **endocrine disruptors** that can interfere with thyroid, estrogen, and adrenal function.
- **Detox pathways:** Toxins from unfiltered water add burden to your **liver and lymphatic system**.
- **Chronic illness recovery:** Reducing chemical exposure supports **mitochondrial repair, inflammation reduction, and immune function**.

If you're healing from chronic fatigue, hormone imbalance, or autoimmune disease, your shower water should be just as clean as your drinking water.

## Where to Get It

<https://www.pureeffectfilters.com/pureshower-filter.html>



### PURESHOWER FILTER SYSTEM

For Chlorine, Chlorination Byproducts, VOCs, Hydrogen Sulfide, Radon and More