Standard Functional Medicine Supplements

Magnesium Citrate (Pure Encapsulations) Supports energy metabolism, neuromuscular and cardiovascular health **Magnesium Glycinate (Pure Encapsulations)** Highly bioavailable, gentle on digestion - ideal for stress relief, sleep support, muscle cramps and heart health. S-Acetyl Glutathione Synergy (Designs for Health) A stable, bioavailable glutathione complex with NAC & vitamin B6 to support antioxidant defenses and liver detoxification. **PureGenomics B-Complex (Pure Encapsulations)** Methylation-focused B-complex supports cellular health, DNA synthesis, neurotransmitter and energy metabolism.

Stellar C (Designs for Health) Delivers antioxidant support with added bioflavonoids to enhance vitamin C absorption.



Stabilized Lipoic Acid Supreme (Designs for Health)

Contains stabilized R-lipoic acid and taurine to support antioxidant pathways and metabolic balance.



Amino D-Tox (Designs for Health)

Blended amino acids formulated to support detoxification via phase II liver pathways.



Dismuzyme Plus Granules (Biotics Research)

Provides superoxide dismutase (SOD) and catalase to support antioxidant defense, cellular health, and oxidative stress reduction.

